

Spirit, Soul and Psyche – July 9 – 13, 2018

Monday, July 9: The Spirit of Creativity

1. Identify at least three ways to create a space through which creative ideas can flow.
 2. Identify at least three ways to stop the thoughts and actions that destroy the creative flow.
 3. Explain how to assess when it is time to discard an old way of thinking, feeling, or behaving because they interfere with the creative flow.
 4. Describe how play and creativity are related.
 5. Explain how early childhood experiences can interfere with creativity.
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Tuesday, July 10: Spiritualism as a Significant Influence in the Origin of Jungian Psychology

1. Summarize the history and influences of C.G. Jung's religious family background that contributed to his search for a religious function in the psyche.
 2. Describe how the origin of Jungian Psychology was influenced by C.G. Jung's exposure to Spiritualism, his descent into the unconscious and his mythic life with the dead.
 3. Discuss how C.G. Jung's doctoral dissertation was an attempt to find a medical answer to mediumistic behavior.
 4. Explain C.G. Jung's shift in perspective from a metaphysical to a psychological understanding of Spiritualism.
 5. Describe the conflict over Spiritualistic phenomena between Jung and Freud.
 6. Distribute a bibliography to participants that can enhance their further study and research.
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Wednesday, July 11: Dwelling Imaginally in Soulless Times

1. Discuss cultural complexes, and archetypal processes underlying current events.
2. Describe dissociation of consciousness and hysterical platform.
3. Interpret the unconscious material generated by social-political events.
4. Describe ego engagement with overwhelming, highly affective unconscious contents.

5. Discuss healing fiction and care of the soul.

Thursday, July 12: *Bearskin*: The Value and Meaning of Purgatory as a Place of Healing and Rebirth

1. Identify the importance, value and meaning of purgatorial states during the individuation process.
2. Discuss why *Bearskin* is important to our understanding of purgatorial states during the individuation process.
3. Apply the analytical theories and methods of C.G. Jung, Marie-Louise von Franz, and Michael Conforti, and other depth psychologists to articulate the archetypal background that shapes *Bearskin's* story.
4. Identify core archetypal patterns in *Bearskin* that directly refer to what Jung called the individuation process, especially deep shadow work, involitional states of intense introversion, incubation, and transformation, during a certain phase in the process.
5. Enlarge our understanding of the fairy tale, and the individuation process, by describing culturally based knowledge about purgatorial rites of passage used in ancient Greek and Celtic mystery cults, found in shamanic-based practices, and depicted in Medieval European alchemy.
6. Amplify major archetypal patterns in *Bearskin*, such as the hero *Bearskin*, *Greencoat*, the number seven, and the gold.
7. Discuss *Bearskin* in light of several visions and dreams of St. Niklaus von Flue, and their clinical implications.
8. Discuss some contemporary dreams where images such as those in *Bearskin* occur.
9. Discuss how *Bearskin* and fairy tales in general, may play an important role in work with dreams, in clinical work, and in the individuation process as a whole.

Friday, July 13: The Spirit in the Net: Jung's Reflections on the Effects of Media and Technology on the Psyche

1. Describe how electronic media technologies have entered the individual's intra-psyche space and influenced the collective, inter-relational field.
2. Assess Jung's contribution to the understanding of the human psyche and its value for clinical treatment today.

3. Discuss some key concepts in Jung's Analytical Psychology within a context of philosophers and critics of technology.
 4. Critique the proposed diagnostic term "Generalized Media Disorder."
 5. Be provided with connecting links between Jung's analytic paradigm and the treatment of Generalized Media Disorder
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Trauma, Healing and Meaning – July 16-20, 2018

Monday, July 16: Trauma: An Interdisciplinary Perspective

1. Summarize the history of the understanding of trauma, including the theories of Freud, Jung and object relations theorists as well as Judith Herman and Donald Kalsched.
 2. Explain the archetypal underlining of trauma
 3. Describe what happens in the brains of victims of trauma.
 4. Describe the effects of epigenetics on intergenerational trauma.
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Tuesday, July 17: Trauma, Horses and Healing

1. Describe the clinical manifestations of trauma in the human psyche
 2. Summarize theoretical underpinnings from a Jungian perspective
 3. Introduce the mythology of the horse in relation to psychic energy and healing
 4. Discuss the application of an equine-assisted therapeutic approach to trauma
 5. Analyze and utilize techniques to work with trauma related imagery in our patients and in ourselves
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Wednesday, July 18: Echoes from the Holocaust: Trauma and Recovery through a Jungian Perspective

1. Discuss the historical relevance of the Holocaust in Jung's thinking about trauma, both individual and collective.
2. Read and review Jung's writings post WW2 to amplify his thinking on shadow, both individual and collective.

3. Review Jung's concepts of complexes as it relates to the development of the *trauma complex* and its archetypal core.

4. Explore the relevance of dreams to facilitate healing in relationship to trauma, individual and collective.

5. Trans-generational trauma, what is it?

Define and review the history of trans-generational trauma.

6. Can dreams be transmitted trans-generationally? A Jungian approach.

7. Review psychoanalytic perspectives on the transmission of Holocaust trauma. (Natan Kellermann PhD) possibly listen to reports from Holocaust survivors. (choice of the group) Brief discussion and experience of the role of active witnessing and active listening in addressing trauma.

8. Define and discuss a Jungian approach to cultural trauma. (Murray Stein)

9. Clinical case material: Example of trans-generational trauma.

10. View and discussion of artwork from an analysis with a second generation Holocaust survivor.

11. Methodology for healing of trans-generational trauma, a Jungian approach. (making the unconscious conscious) How does Jung's concept of the Self facilitate hope for healing from trauma, and its trans-generational manifestations?

Thursday, July 19: Working on the Edge

1. Explain Jung's method of active imagination: a conscious dialogue with the unconscious
2. Recognize archetypal aspects in trauma
3. Explain the importance of the psyche/soma connection in active imagination
4. Describe archetypal manifestations in the body
5. Attend to the archetypal aspects of trauma

Friday, July 20: Falling Apart and Coming Together: Living Consciously through Times of Upheaval and Uncertainty

1. Identify how trauma manifests itself through non-verbal expression such as pictures, images, and stories

2. Understand the theoretical underpinnings of the ITT approach and its connection to the ego-resources and defensive inner world of our clients
3. Identify parts of the graphic narrative and re-presentation in therapeutic work
4. Understand the principle ways to use the ITT intervention to call up resources and ego strengths of the client
5. Identify how the Adverse Childhood Experiences (ACE) study assists in understanding the sequelae of trauma