

Healing Wisdom of the Goddess

The Guiding Wisdom of the Hindu Goddess Archetypes for men and women on their Path to Health, Healing & Wholeness

By

Ashok Bedi, M.D.

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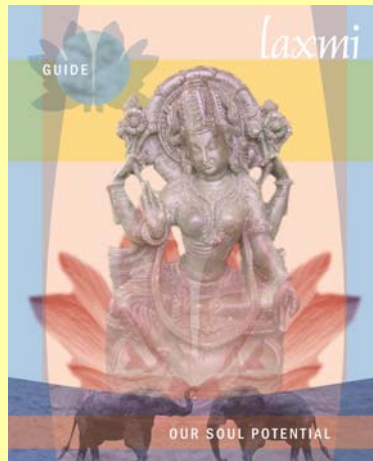
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We all live a manifest outer life. Embedded in the psyche of each individual is a hidden, potential life, aligned to our purpose and true calling. This potential life is orchestrated by a latent code of our Self which is unique to each individual. The latent code is orchestrated by the Self, derives from the substrate of the archetypes, and is implemented by our ego consciousness. When the ego, the Self and the archetypes work in symphony, new symbols guide our life onto a vital, creative and purposeful trajectory. This presentation will explore role of the Hindu Goddess archetypes in our individuation process at the different developmental stages of adult life. Kali cleanses the psyche of the old complexes, Aditi helps incubate the void, Saraswati ushers in preparation for New Beginnings, Laxmi helps maintain peace and prosperity, Parvati/Shakti helps relatedness with our contrasexual potentials, Shiva and Shakti usher in Wholeness, Health and Healing. Clinical vignettes will illustrate the working of the latent code of the goddess archetypes and its dance with the archetype of the Self.



Learning Objectives

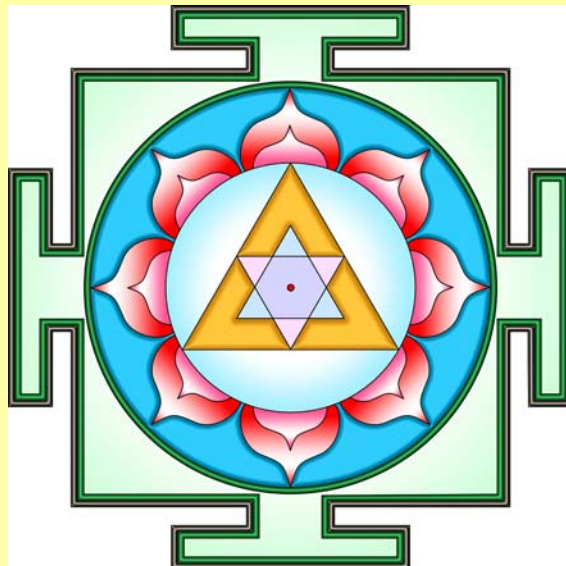
1. Explore the dynamics of the Goddess archetypes activation in incarnation of the Self
2. Present the analytical management of the activated archetype to attend to the Ego/Self axis
3. Discuss the Hindu Goddess archetypes from a developmental perspective of the Self incarnation
4. Formulate the archetypes of Saraswati, Laxmi, Shakti, Kali, and Aditi as the impact the incarnation of the Self in our individuation process
5. Articulate the union of the contrasexual archetypes, the Union of Shiva and Shakti aspects of the Psyche to establish the wholeness of the Self

Suggested Reading

Awaken the Slumbering Goddess, The Latent Code of the Hindu Goddess archetype by Ashok Bedi, M.D., Booksurge publishers, available at www.amazon.com

Path to the Soul by Ashok Bedi, M.D. Samuel Weisers Inc., 2000

Retire Your Family Karma, Ashok Bedi, M.D. and Boris Matthews, Ph.D., Nicholas Hayes Inc., 2003



Ashok Bedi, M.D., D.P.M, R.C.P.S. (England) M.R.C.Psych. (Great Britain), F.A.P.A., is a Distinguished Fellow of the American Psychiatric Association, a Diplomat Jungian psychoanalyst and a board certified psychiatrist in Britain and USA. He is a member of the Royal College of psychiatrists of Great Britain, a diplomat in Psychological Medicine at the Royal College of Physicians and Surgeons of England, a Clinical Professor in Psychiatry at the Medical College of Wisconsin in Milwaukee and a faculty member at the Analyst Training Program at the Carl G. Jung Institute of Chicago. He is Honorary Psychiatrist at the Aurora Psychiatric Hospital and the Aurora Health Care Network. He has been a psychiatric consultant to several agencies in Metro Milwaukee. Presently he is the Psychiatric Consultant to the Sexual Assault Treatment Center the Aurora Sinai Medical Center and the Pastoral Counseling Center of Greater Milwaukee

Trained in Medicine, Psychiatry and Psychoanalysis in India, Great Britain and the US, he is interested in the emerging frontiers of Spirituality and Healing and the synapses of the Mind, Body, Soul and Spirit. He is author of the book, *Path to the Soul*, (Weiser Books, 2000), the coauthor of *Retire Your Family Karma*, (Nicholas-Hays, Inc. 2003) and *Awaken the Slumbering Goddess: The Latent Code of the Hindu Goddess Archetypes*, Booksurge Publishers 2007. These and his other upcoming publications and presentations can be previewed at his website www.pathtothesoul.com He leads the annual study tours to India under the auspices of the New York Jung Foundation – “*Jungian Encounters with the Soul of India*”.

